

JUANA'S VOLLEYBALL LEAGUE DESCRIPTIONS 2012 Page 1

	4 PERSON C	4 PERSON B-	4 PERSON B+	4 PERSON BB	4 Person A
Nights league plays	Tuesday	Tuesday or Wednesday	Wednesday or Thursday	Thursday	Wednesday
Player Description	New to volleyball. Learning basic techniques.	Basic understanding of volleyball rules and fundamentals. Learning ball control and proper execution.	Understands volleyball rules and Fundamentals. Has good ball control and can execution.	Excellent ball control & execution. Uses proper technique consistently and understands strategy and positions on the court	Able to execute complex strategy on the court consistently. Excellent ball control, position, and movement on the court
Team Goal	Get the ball over the net and improve.	Learning legal hits and begin bumping the ball to each other and playing with more than one hit	Consistent ball control, serving. Use more than one hit to get the ball over and working to 3 hits	Get it over the net in an organized 3 hit strategy consistently	To play with as a team at a highly competitive skill level.
Gender requirements	1 girl MIN.	1 girl MIN.	1 girl MIN.	1 girl MIN.	None
Girl Rule¹	No	Yes	Yes	No	No
Overhand serve	No	Yes	Yes	Yes	Yes
Jump serve	No	No	No	Yes	Yes
Set over net³	No	No	No	Yes if square	Yes if square
Scoring Type	Side Out	Side Out	Side Out	Rally	Rally
Receive Serve with an open hand	Only if hands together	Only if hands are together	Only if hands are together	Beach Regulations	Beach Regulations
Spiking more than 50% of the time	No	No	No	Yes	Yes
Maximum Player skill level	Beginning Level: Max 1 B- player on team. No one over B- skill level allowed.	Max 1 B+ player on team. No one over B+ skill level allowed.	Max 1 BB player on team. No one over BB skill level allowed.	Max 1 A player on team. No one over A skill level allowed (No Open players).	n/a
Other	Players should work on individual skills and a B- player is suggested as a coach to educate team on legal hits.	Players should begin to call their illegal hits and return ball to opposing team. Should be consistently serving underhand and working on overhand serve.	Players should consistently call their illegal hits & be consistent with 3 hits	All Players must be able to pass with accuracy.	Standard Beach Regulations

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	4 WOMEN	Women's Doubles	Men's Doubles	CO-ED DOUBLES
Nights league plays	Monday	Monday	Wednesday	Tuesday
Player Description		Should be B+ level or higher	Player should be B+ level or higher	Should be B+ level or higher
Team Goal				
Gender requirements	Women only	Women only	Men only	1 girl MIN.
Girl Rule¹	n/a	n/a	No	n/a
Overhand serve	Yes	Yes	Yes	Yes
Jump serve	Yes	Yes	Yes	Yes
Set over net³	no	No	Yes if square	Yes if square
Scoring Type	Rally	Rally	Rally	Rally
Receive Serve with an open hand	Beach Regulations	Beach Regulations	Beach Regulations	Beach Regulations
Spiking more than 50% of the time	n/a	n/a	Yes	n/a
Maximum Player skill	n/a	Must be at least B+ skill level.	n/a	Must be at least B+ skill level.
Other	Standard Beach Regulations	Standard Beach Regulations	Standard Beach Regulations	Standard Beach Regulations