

Juana's Rules 2026

1. Local Bar league all about having fun and getting better at the game. Yes, there is competition, yes there is a desire to get better at the game, but foremost, enjoy the game and have fun with friends.
2. Makeup schedule is in the pagoda. Phone numbers are found on the website NOT on VolleyballLife. All league updates are found on the Facebook Page "Juana's Navarre Beach Volleyball".
3. As this is an adult league: Players aged 16+ can participate with a parent on the same team at managements discretion - parents must be with child on property at all times during league nights. Parents of those under 18 need to get with management in signing a release form before league begins.
4. Girl Rule: Wednesday LOW (B/BB) & Thursday LOW (B/BB) if more than one touch on either side- a female on the team MUST be a part of the play. If a girl does not touch the ball the other team gets the serve and the point. Example: Paul blocks a hit and ball goes back on other side - Fine. Paul passes a ball Scott sets him and he hits it back over making Sarah not a part of the rally - not fine.
5. Lows B/BB 4's & 2's: No hand setting - over the net or to your own teammates No jump serves
6. Coed 2's B/BB/A/OPEN: Men's height net - Male serves to male - Gentleman's Rule One warning per game then point is given to other team.
7. Games: Match play (2x21/1x15 (if needed)). Rescheduling of a game is on the requesting team. Opposing team can agree or forfeit. New date/time is found, agreed, & played. If match is not played, team asks for reschedule forfeits. To be fair to other scheduled teams, if a team is 10 minutes late for a league or playoff game, it is a forfeit. If by the end of league, a score is not input, it is a loss for both teams (21-0 for both). Makeup schedule is in the pagoda (see rule 9 and rule 2). All teams must be available for makeup week.
8. Roster must be set before start of league. If league has already started to add to roster, we will have to do it manually and player has to be paid for at the bar with volleyball staff only. All release forms must be signed before league begins team captains are in charge of making sure emails are correct if release forms are not signed; the player will not play in playoffs. Any changes to roster must be made before the start of week 2 (2nd Monday by midnight). High players are not allowed to play on B/BB teams. A player can only play on one team per night as an official rostered player during playoffs.
9. Simplified play rules in line with AVP. Lifts, foot faults, nets, etc. Are called no matter what level you are in. Ball to use in every game: OPTX (not the replica).
10. Makeup Week: Teams are allowed a maximum of two makeup games this makes sure teams aren't using it to substitute their regular team schedule. All games must be made up on the same night you originally play and on the same nets you use during regular week scheduled games. Example Women's 2's cannot be played on men's nets.
11. Sub Rule: a. Subs must be from a registered team from the current season and selected from level equal to or below level of game being played. (BB/A cannot sub on a team that is B/BB) b/. 50% of a rostered team must be on the court at all times (4s and 2s) c. If any sub rules are broken it is up to the other team to input 21-0 loss for opposing team.
12. Playoffs- Schedule will be posted on Facebook page Friday before playoffs (See rule 2) - Top 8 teams- double elimination bracket play- IF played on only one net all seasons top 8 teams will go to playoffs but will be single elimination. Warmups for playoffs end at 6 Pm to begin playoff games. ALL teams and players are expected to be there by 6 Pm - by 610 Pm if players are not on site ready to play it is considered a forfeit. If you win lows (B/BB) , you must move up to BB/A for one season the next time you sign up or change 50% of your team. Example: If you win Wednesday B/BB 4s you cannot move your team to Thursday B/ BB 4s and vice versa. Prizes for winning league goes to the players present that night – Players pay for weekly league, playoffs is considered a free entry tournament for those who qualify.
13. Food/Drink: No outside alcohol/food is allowed on courts or establishments, unless water. See Kevin.
14. Legal: Juana's is not responsible for your injury during play, etc. See sign up rules.